Airport Social Stories
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HOW TO USE THESE CUSTOMIZED SOCIAL STORIES

Use the coloried sentence that best describes what works best to calm your child down at the airport. There are three types of solutions, each one is color coded.

Green: Your attention will help your child feel better.

Blue: Giving your child something (eg. toy, device, game) will help him/her feel better.

Red: Taking a break will help your child feel better

Sample:

If I feel upset I can ask Mom for a hug or to hold my hand.

If I feel upset I can ask _____ for a game or toy to hold.

If I feel upset I can ask _____ for a break.

When you see this image on the page, you can pick one of the three corresponding sentences that is most appropriate for your child.
STORY ONE:

My Airplane Story
My name is ___________ and today I am going to ride in an airplane. When I want to ride in an airplane I go to the airport.
The airport is a busy place. There will be lots of people there. It is important to stay close to my family when I am in the airport.

If I feel upset I can ask ________ for a hug or to hold my hand.
If I feel upset I can ask ________ for a game or toy to hold.
If I feel upset I can ask ________ for a break. If it is too loud, I can wear my headphones or listen to music.
At the airport we will check in for our flight.

While I am checking in, I can say hi to the person at the desk or talk to ____.

If I feel upset I can use my words and ask ____ for a toy.

If I feel upset I can use my words and ask ____ for a break. If it is too loud, I can wear my headphones and listen to music.
Sometimes we need to wait on a line to go to security. I need to go through security to ride the airplane. I may have to take off my shoes and put down my bag. It is okay because I will get my shoes and bag back. I can listen and follow directions.

While we practice going through security can talk to ____ and say hi to the TSA.

If I feel upset I can remember that I will get my bag/shoes/game back right after I walk through security.

After I walk through security, I can ask ____ for a break.
When people check in a flight, they get a boarding pass. The boarding pass will let us on to the airplane.
After we go through security, we go to the gate area. The gate area is where people wait to get on a plane. There are chairs that we can sit in while we wait. While I am waiting, I can play a game, read a book, or eat a snack. I can look out the window to watch the airplanes. There are lots of things to do.

While I am waiting I can ask ____ to play with me.

While I am waiting I can ask ____ to take a break or go for a walk.

While I am waiting I can ask ____ for my games or a snack.
The pilot and airline crew are getting the plane ready for passengers. They will call us when its time to board. Sometimes there is a line of people boarding the plane.

I can talk to ____ while I am waiting to board the plane. I can say hi to the man/woman at the gate.

I can hold a toy while I board the plane.

I can tell ____ if I need a break. We will stop walking for a little bit.
We will give our boarding passes to the man or woman at the gate. There will be a tunnel to walk through. I can follow the line of people in the tunnel to the airplane.
There will be people in the aisle putting away their bags over their seats. My bag has to stay there for the flight. Sometimes I will have to wait for my turn. If I need help putting my bag away I can ask the flight attendant. I can get my bag after the airplane ride is finished.
Airplane seats have seat-belts like cars. Seat-belts keep us safe. It is important to sit in my seat and wear my seat belt on the airplane.

When I am sitting in my seat, I can talk quietly to ____ or the person who is sitting next to me.

Sometimes I will have to wait to play with my electronics. The flight attendant will tell me when it is okay to turn on my electronics.

It is important to remember that it is time to stay in my seat. When the ride is finished I will get off the airplane. 😊
Airplane seats have different numbers. The boarding pass will tell me what number airplane seat I have. This will be my seat for the airplane ride.
Sometimes I may need to use the bathroom on the airplane. The bathroom on an airplane is very little. It is okay to use the bathroom on the airplane because it is safe. If I need to use the bathroom I can ask _____ for help.
When the airplane ride is finished, people will get off the airplane. The people in the front of the plane will get off first. Sometimes I will have to wait for my turn. We will get our bags from the compartment and get off the airplane.
When I get off the airplane there will be lots of people in the airport. The airport may be noisy and busy. It is important to stay close to ______ or _____. The airplane ride is finished and I will go to my destination.
STORY TWO:

My Waiting Story
My name is ___________ and today I am going to ride in an airplane. When I want to ride in an airplane I go to the airport. The airport is a busy place. There will be lots of people there. Sometimes when I am at the airport I will need to wait.
Sometimes waiting is hard and makes me feel upset. If I am waiting and I feel upset I can:

Ask _______ to hold my hand or for a hug.

Ask _______ for a game to play

Ask _______ to take a break.
There are different places I will need to wait. Sometimes I will need to wait at check in. This is where we check our bags and get our boarding passes.

Ask _______ to hold my hand or for a hug.

Ask _______ for a game to play.

Ask _______ to take a break.
I will have to wait in line at security. I will wait with my family for our turn. Sometimes waiting is hard. If I feel upset I can:

Ask ________ for a hug or to hold my hand.

Ask ________ for a toy to hold.

Ask ________ to take a break after we go through security.
I will wait to board the airplane. I can wait in the gate area. There are chairs for me to sit in while I wait. I can play a game, eat a snack, or read a book. There are lots of things to do while I wait. Sometimes waiting is hard. If I feel upset I can:

Ask ______ to give me a hug or hold my hand.

Ask ______ to play or game or ask for my favorite toy.

Ask ______ to take a break or go for a walk.
I will wait in the jet-way. I need to wait for passengers on the plane to put their things away. Sometimes waiting is hard. If I feel upset I can:

Ask _____ to give me a hug or hold my hand.

Ask _____ hold my favorite toy.

Ask _____ to play a game with me.
I will wait in the aisle of the plane. I will wait for other passengers to put their bags away and sit down. Sometimes waiting is hard. If I feel upset I can:

Ask _____ for a hug or to hold my hand.

Talk to _______.

Look at my favorite toy or game.

Ask mom for a break and take a break when I get to my seat.
I will need to wait for the airplane to go. The airplane will go when the pilot tell us on the microphone. Sometimes waiting is hard. If I feel upset I can:

Ask ____ to hold my hand.

Ask ____ for a different game or toy.

It is important to remember that it is time to sit in my seat. When the airplane ride is finished I can get up.
I will need to wait to play with my electronics. While I wait, I can read a book, have a snack, color a picture or listen to music. The flight attendant will tell me when I can play with my electronics. Sometimes it is hard to wait. If I am upset I can:

Talk to _____.
Ask _____ to hold my hand.

Ask _____ for a different game to play.
Ask _____ when I will be able to play with my electronics.

It is important to remember that it is time to sit in my seat. When the airplane ride is finished I can get up.
When the airplane ride is finished, I will need to wait to get off the plane. Sometimes waiting is hard. If I am upset I can:

Ask ___ for a hug or to hold my hand

Play a game or look at a book.
STORY THREE:

Sometimes

The

Airport Is

Noisy.
My name is ________ and today I am going to ride in an airplane. The airport is a busy place. There are lots of people there. Sometimes the airport can be noisy.
In the airport there will be lots of people talking and announcements on speakers. I may hear alot of loud noises. I will stay close to _____ and listen to their directions.

If it is too loud in the airport I can:

Ask _____ for a hug or to hold my hand.

I can tell _____ if I feel afraid.

I can ask _____ for a break or ask for my headphones.
It may be noisy when I go through security. There will be lots of people walking and waiting on line. I may hear the security machines make loud beeping noises. It is okay because I am safe. I can follow directions and listen to the TSA agent.

If I feel upset I can ask______for a hug before and after I walk through security.

If I feel upset I can remember I will get my bag back after I walk through security.

If I feel upset I can ask____to take a break after I walk through security.
It may be noisy when I am waiting in the gate area. There will be lots of other people waiting to board the plane. I may hear loud announcements on a microphone. There are lots of fun things to do while I wait to board the plane.

If I feel upset I can ask _____ for a hug or to hold my hand.

If I feel upset I can wear my headphones and listen to music or play a game.

If I feel upset I can ask _____ to take a break or go for a walk.

This is what the announcements may sound like
Airplanes are very big and fast. They can make loud noises when they fly. Airplane noises are not scary.

If I feel upset I can ask ______ or ______ to hold my hand.

If I feel upset I can ask _____ or _____ for my headphones or favorite game.

If I feel upset I can tell _____ or _____ how I feel.
This is what the airplane is going to sound like
When the airplane ride is finished, I will get off the airplane with my family. I will have fun on my trip!